

## Dog Obedience Training

Using rewards based training you will learn how to communicate obedience and socialization skills. Since dogs are not language orientated, but motion orientated, you will learn both verbal and hand signals to train positive behavior. Children ages 10-16 must be accompanied by an adult. Owners must provide a copy of shot records at the first class.

10 & up: Apr 4-25, Sat, 10-11am 247910.04  
May 2-23, Sat, 10-11am 247910.05  
Instructor: Mary Carson  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$49 resident/\$59 non-resident

## Animal Tracking

Explore local wildlife and learn the art of tracking! Children and parents will engage their senses, imagine and mimic wild animal behavior and employ critical thinking skills for identification. Study tracks and track patterns, habits, ecology and encourage connection with the natural world. Children must be accompanied by a parent or other adult.

6 & up: Apr 11, Sat, 10am-12pm 246910.04  
Instructor: Kimberly Beck  
Location: Sandstone Ranch, 3001 E Hwy 119  
Fee: \$10 resident/\$12.50 non-resident  
\$25 per family

## Tree Climbing with Dances with Branches

Tree Climbing Colorado offers introductory recreational tree climbing experiences using fun, easy-to-learn, arborist rope techniques, stressing both safety for climbers and protection of trees. Certified facilitator provides all instruction and equipment. All minors must have parent/guardian present. Important info: Wear long pants, sturdy shoes, and bring gloves if you've got 'em!

7 to Adult: Apr 11, Sat, 12:30-3pm 226021.1  
May 9, Sat, 12:30-3pm 226021.2  
Location: Thompson Park, 4th & Bross St  
Fee: \$30 resident / \$38 non-resident

# Adult

## New! Adult Climbing Clinics – Fit Your Schedule!

Schedule your clinic directly with the instructor through the e-mail listed with each program. Sign up with a partner if possible! Classes paid at the Recreation Center front desk when the session occurs.

15 & Up: By Appointment – 2 hr, two-day class  
Location: Longmont Recreation Center, 310 Quail Rd  
Climbing wall open hours fee: \$30 res/\$37.50 non-res  
Climbing wall closed hours fee: \$100 res/\$125 non-res

### Top-Rope Belay Clinic

Belay techniques, gear use, commands, and safety. For information or to schedule, email Jeremy: jeremyelms215@gmail.com

### Lead Belay Clinic

Includes lead climbing and belay techniques, gear use, commands, and safety. For information or to schedule, email Jeremy: jeremyelms215@gmail.com

### Intro to Outdoor Climbing Clinic

Prepare to climb outside (with an experienced climber or guide.) Covers differences in indoor and outdoor climbing and safety preparedness and skills. For information or to schedule, email Kelsea: kpellouchoud@yahoo.com

## Wild Edibles

Have you ever wondered what plants you could eat in your backyard or in a survival situation? In this introductory class, we will inspect spring's wild and backyard delectables, review basic plant identification, and discuss approaches to survival and harvesting. Youth 10-15 must be accompanied by a paying adult. \$2 2nd person discount.

10 & up: Apr 25, Sat, 9-11am 247940.04  
May 9, Sat, 9-11am 247940.05  
Instructor: Kimberly Beck  
Location: Sandstone Ranch, 3001 E Hwy 119  
Fee: \$12 resident/\$15 non-resident

## Hunter Safety

Get your Hunter Registration card by taking this class. This class provides a solid foundation in shooting sports and emphasizes safety, ethics and care of wildlife. Non-hunters welcome. Contact Michael at 303-747-2827 or mehdch@aol.com to register.

All ages: Feb 16, 18, 20 & 21:  
Mon, Wed & Fri 5:15-8:30pm, Sat 9am-4pm  
May 2-3: Sat 8am-5pm, Sun 9am-3pm  
Fee: \$10  
Location: Senior Center, 910 Longs Peak Ave

## New! Personal Climbing Training

Can't attend a scheduled climbing class or want individualized instruction? These individual or small group 1-hour training sessions are personalized and cover climbing safety, beginner through advanced techniques, as well as personal climbing analysis and training. For information or to schedule, email Rebecca: lynch-rebecca@hotmail.com

All ages: By Appointment – 1 hour  
Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$25 per hour session (1-3 participants)

## Adult Climbing Classes

These classes cover climbing safety and explore a variety of basic techniques to aide in increasing the climber's skill level. Intermediate and advanced classes extend these skills as the participant's ability increases. If you are unsure which class would be appropriate, please check with the climbing wall staff. It may be advised to do a class level more than once!

15 to Adult:  
Beginner Jan 8-Feb 5, Thurs 6-7 pm 117344.B1  
Feb 26-Mar 26, Thurs 6-7 pm 117344.B2  
Apr 16-May 14, Thurs 6-7 pm 217344.B1  
  
Intermediate Jan 8-Feb 5, Thurs 7-8 pm 117344.I1  
Feb 26-Mar 26, Thurs 7-8 pm 117344.I2  
Apr 16-May 14, Thurs 7-8 pm 217344.I1  
  
Advanced Jan 9-Feb 6, Fri 6-7 pm 117344.A1  
Feb 27-Mar 27, Fri 6-7 pm 117344.A2  
Apr 17-May 15, Fri 6-7 pm 217344.A1  
  
Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$65 resident/\$81.75 non-resident





## Photography

### Getting to Know Your Digital Camera

Topics covered include automatic vs manual control, white balance, file formats, ISO ratings and reducing red eye. Course is 2 days—first in classroom, and the second taking pictures. Required equipment: Digital Camera and camera manual.

|             |                                                |          |
|-------------|------------------------------------------------|----------|
| 14 & up:    | Wed, 7-9pm & Sat, 10-11:30am                   |          |
| Dates:      | Jan 7-10                                       | 147100.A |
|             | Feb 4-7                                        | 147100.B |
|             | Mar 11-14                                      | 247100.A |
| Instructor: | John Lovell                                    |          |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |          |
| Fee:        | \$35 resident/\$43.75 non-resident             |          |

### Shooting Pictures Like a Pro

Improve the quality of your photographs. The first class is in the classroom and the second outside, taking pictures. Topics covered: posing subjects, lighting, depth of field, stop action and composition. Required: 35mm or digital camera with ability to change aperture and shutter speed.

|             |                                                |          |
|-------------|------------------------------------------------|----------|
| 14 & up:    | Wed, 7-9pm & Sat, 10-11:30am                   |          |
| Dates:      | Jan 21-24                                      | 147101.A |
|             | Feb 18-21                                      | 147101.B |
| Instructor: | John Lovell                                    |          |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |          |
| Fee:        | \$35 resident/\$43.75 non-resident             |          |

### Right Brain Photography

Discover new ways of seeing. This fun and interactive course goes beyond f/stops and other basics. Learn the creative aesthetics side of photography, using right brain principles to create the best photo images. Learn Eli's concepts and paradigms which he has developed to create his images. You will "connect the dots" with in-class activities.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Mar 9-30, Mon, 6:30-8:30pm                     | 247102.03 |
| Instructor: | Eli Vega                                       |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$80 resident/\$100 non-resident               |           |



## Travel

### Fly Cheap, Stay Cheap, Travel Cheap

Learn the secrets of traveling in grand style on a limited budget. Discover how to obtain great deals on airfares, accommodations, cruises, entertainment and creative lodging ideas, all for a fraction of the usual cost. \$15 materials fee payable to instructor.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Jan 6, Tue, 6-8pm                              | 147500.01 |
|             | Mar 10, Tue, 6-8pm                             | 247500.03 |
|             | May 5, Tue, 6-8pm                              | 247500.05 |
| Instructor: | Ron Stern                                      |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$25 resident/\$31.25 non-resident             |           |

### Photo Safari

Learn the secrets to great travel photos from a travel photojournalist. After learning some of the basics, tips and tricks, you will go outside to put your new knowledge into practice. Afterwards, you'll be all set to get some great shots on your next trip.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Apr 8, Wed, 5-7pm                              | 247501.04 |
|             | May 6, Wed, 5-7pm                              | 247501.05 |
| Instructor: | Ron Stern                                      |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$25 resident/\$31.25 non-resident             |           |

## Writing

### Novel Writing Basics

Explore the basic components of novel writing and learn how to make your story pop with new energy. This course works for all genres of fiction writing--novice writers welcome! We'll look at how mediocre writing can be reworked into exceptional prose and how to avoid the ten biggest mistakes aspiring novelists frequently make.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Feb 17, Tue, 6-9pm                             | 147108.02 |
| Instructor: | Jeff Danelek                                   |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$45 resident/\$56.25 non-resident             |           |

### Inside the Publishing Industry

Discover the various routes to publication available to aspiring fiction and non-fiction writers and how to overcome the hurdles, pitfalls and scams so common to the industry. This lecture is designed to not only keep your manuscript from ending up in the "slush pile" but how to craft a query letter and a synopsis that will maximize your chances of getting published or acquiring a quality agent.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Mar 7, Sat, 10am-1pm                           | 247111.03 |
| Instructor: | Jeff Danelek                                   |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$45 resident/\$56.25 non-resident             |           |





## Legal & Financial Education

### Financial Planning Workshops

Instructor: Rebecca Glover, Edward Jones  
 Location: St Vrain Mem Bldg, 700 Longs Peak Ave  
 Fee: \$10 resident/\$12.50 non-resident

#### Ready or Not? Preparing for the Unexpected

Learn tips on how to develop a proactive financial strategy for protection and preparing for the unexpected.

18 & up: Feb 5, Thurs, 5-6pm 147128.2A

#### Retirement by Design

Learn investment strategies to help design the retirement you want, and how to keep your strategy on track.

18 & up: Feb 12, Thurs, 5-6pm 147128.2B

#### Five Money Questions for Women

Learn a process women can use to identify financial goals and set a strategy.

18 & up: Feb 19, Thurs, 5-6pm 147128.2C

#### Foundations of Investing

This class covers the basic features of bonds, stocks and mutual funds, and the importance of asset allocation.

18 & up: Feb 26, Thurs, 5-6pm 147128.2D

#### Will Maker Legal Seminar

In a single easy session, complete a will, financial power of attorney, and combined medical directive (including living will, medical power of attorney, and organ donation) with the help of attorney Rebecca L. Bennetti and her staff.

Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions.

Fee is per person.

18 & up: Jan 17, Sat, 10am-1pm 147125.01  
 Feb 24, Tue, 6-9pm 147125.02  
 Mar 18, Wed, 6-9pm 247125.03  
 Apr 25, Sat, 10am-1pm 247125.04  
 May 13, Wed, 6-9pm 247125.05

Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$125 resident/\$156.25 non-resident

### Interested in teaching classes for Longmont Recreation?

Contact Elizabeth at 303-651-8394 for proposal application. Proposals are due by January 31 for consideration for summer classes and May 1 for fall consideration.

## A Better Way Realty

Jim Flint, CRS, has 30 years real estate experience in five states. He's an investment property specialist, and has conducted hundreds of investment transactions.

Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$25 resident/\$31.25 non-resident +  
 \$20 workbook; fee payable to instructor

### Investing in Real Estate

Learn all about real estate investments. Understand investment motivations & strategies, types of tenants, location, leverage, mortgages, funding sources, taxes, appreciation, formulas, resources, and more.

18 & up: Jan 22, Thurs, 6:15-9pm 147126.1A  
 Mar 12, Thurs, 6:15-9pm 247126.1A

### Alternatives to Traditional Real Estate Investing

There's a world of options out there; commercial property, assisted living homes, partnerships and more! Learn how to create a business plan for your investment, including financing options, management, and the formulas you need to measure your ROI. Personalized meeting included.

18 & up: Jan 20, Tue, 6:15-9pm 147126.1B  
 Mar 10, Tue, 6:15-9pm 247126.1B

### Managing Your Rental Properties

Learn how to screen prospective tenants and keep the bad ones out. Be aware of "dos and don'ts" when dealing with tenants. If you must evict, how? Review the Fair Housing Laws. Included is a copy of a lease used in over 800 housing units.

18 & up: Jan 27, Tue, 6:15-9pm 147126.1C  
 Mar 17, Tue, 6:15-9pm 247126.1C

### How to Get Out of Debt in 5-7 Years

This class will show anyone how to get out of debt in a short period of time, typically 5-7 years, including mortgage. Learn pitfalls to avoid and steps to take to become free from the burden of debt. \$39 workbook fee payable to instructor.

18 & up: Jan 28, Wed, 6-9pm 147127.A  
 Apr 1, Wed, 6-9pm 247127.A

Instructor: Bob Marette

Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$39 resident/\$48.75 non-resident/\$59 per couple

### Alive at 25

A national program designed to be an early intervention program to help prevent traffic violations, collisions, and/or fatalities among young motorists. Registration is through Alive@25 by calling 720-269-4046 or the website [www.alive25.us/](http://www.alive25.us/)

15 to 24 yrs: Saturdays, 9am-1:45pm

Dates: Jan 24, Feb 21, Mar 21, Apr 18, May 23

Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$39/\$70 court ordered Alive@25



## Drumming

### Drumming for Health and Therapy

If you can talk - you can drum. These classes are fun, easy and accessible to anyone regardless of age or physical condition. The Djembe drum from West Africa is the drum of choice and drums are provided. Drop-ins are not available.

Instructor: Gregg Hansen

Location: Izaak Walton Clubhouse, 18 S Sunset

### Beginning Drumming

Simple rhythms will be presented slowly and patiently.

|          |                      |                          |          |
|----------|----------------------|--------------------------|----------|
| 16 & up: | Tuesday, 6:30-7:30pm |                          |          |
|          | Jan 6-27             | \$36 res/\$45 non-res    | 147330.A |
|          | Feb 3-17             | \$27 res/\$33.75 non-res | 147330.B |
|          | Mar 3-24             | \$36 res/\$45 non-res    | 247330.A |
|          | Mar 31-Apr 21        | \$36 res/\$45 non-res    | 247330.B |

### Continuing Drumming

Now that you've learned the basics, it's time to go deeper. Pre-requisite-Beginning Drumming.

|          |                                         |                          |          |
|----------|-----------------------------------------|--------------------------|----------|
| 16 & up: | Beginners - Monday, 7:15- 8:30pm        |                          |          |
|          | Jan 5-26                                | \$36 res/\$45 non-res    | 147331.A |
|          | Feb 2-16                                | \$27 res/\$33.75 non-res | 147331.B |
|          | Mar 2-23                                | \$36 res/\$45 non-res    | 247331.A |
|          | Mar 30-Apr 20                           | \$36 res/\$45 non-res    | 247331.B |
| 16 & up: | Beginners - Thursday, 12-1:15pm         |                          |          |
|          | Jan 8-29                                | \$36 res/\$45 non-res    | 147332.A |
|          | Feb 5-12                                | \$18 res/\$22.50 non-res | 147332.B |
|          | Mar 5-26                                | \$36 res/\$45 non-res    | 247332.A |
|          | Apr 2-23                                | \$36 res/\$45 non-res    | 247332.B |
| 16 & up: | Intermediate - Tuesday, 11:30am-12:45pm |                          |          |
|          | Jan 6-27                                | \$36 res/\$45 non-res    | 147333.A |
|          | Feb 3-17                                | \$27 res/\$33.75 non-res | 147333.B |
|          | Mar 3-24                                | \$36 res/\$45 non-res    | 247333.A |
|          | Mar 31-Apr 21                           | \$36 res/\$45 non-res    | 247333.B |
| 16 & up: | Intermediate - Wednesday, 7:45- 9pm     |                          |          |
|          | Jan 7-28                                | \$36 res/\$45 non-res    | 147334.A |
|          | Feb 4-18                                | \$27 res/\$33.75 non-res | 147334.B |
|          | Mar 4-25                                | \$36 res/\$45 non-res    | 247334.A |
|          | Apr 1-22                                | \$36 res/\$45 non-res    | 247334.B |
| 16 & up: | Intermediate - Thursday, 1:30-2:45pm    |                          |          |
|          | Jan 8-29                                | \$36 res/\$45 non-res    | 147334.D |
|          | Feb 5-12                                | \$18 res/\$22.50 non-res | 147334.E |
|          | Mar 5-26                                | \$36 res/\$45 non-res    | 247334.D |
|          | Apr 2-23                                | \$36 res/\$45 non-res    | 247334.E |
| 16 & up: | Intermediate - Thursday, 7-8:15pm       |                          |          |
|          | Jan 8-29                                | \$36 res/\$45 non-res    | 147334.H |
|          | Feb 5-12                                | \$18 res/\$22.50 non-res | 147334.J |
|          | Mar 5-26                                | \$36 res/\$45 non-res    | 247334.H |
|          | Apr 2-23                                | \$36 res/\$45 non-res    | 247334.J |

### Drumming-Advanced

Must get permission from Gregg Hansen at [communitydrum@earthlink.net](mailto:communitydrum@earthlink.net)

|          |                    |                          |          |
|----------|--------------------|--------------------------|----------|
| 16 & up: | Tuesday, 7:45- 9pm |                          |          |
|          | Jan 6-27           | \$36 res/\$45 non-res    | 147335.A |
|          | Feb 3-17           | \$27 res/\$33.75 non-res | 147335.B |
|          | Mar 3-24           | \$36 res/\$45 non-res    | 247335.A |
|          | Mar 31-Apr 21      | \$36 res/\$45 non-res    | 247335.B |

## Music

### Beginning Guitar

Geared toward the beginning student. Start with the basics: learn how to tune the guitar, play basic chords and accompaniment patterns in a fun group setting. Students are to furnish their own acoustic guitar. \$10 materials fee payable to instructor at first class.



|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Jan 22-Feb 26, Thurs, 7:30-8:30pm              | 147310.01 |
| Instructor: | Mike Tolle                                     |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$48 resident/\$60 non-resident                |           |

### Modern Music Discovery

Discover new musical styles, listen to unusual recordings and gain a new appreciation for amazing modern music. Trace the roots of well-known bands back to their stylistic origins and learn more about performers and composers you've never heard of in this "book club for music."

|             |                                   |           |
|-------------|-----------------------------------|-----------|
| 18 & up:    | Feb 2-Mar9, Mon, 6-8pm            | 147190.01 |
| Instructor: | Hunter Ewen                       |           |
| Location:   | Senior Center, 910 Longs Peak Ave |           |
| Fee:        | \$48 resident/\$60 non-resident   |           |

## Health & Beauty

### Healthy Winter Skin

Learn tips and tricks on how to keep your skin healthy and nourished during the cold, dry winter months in Colorado. Informative handouts will be provided and some samples to take home. Come out of the cold and give your skin an break in this fun, interactive class. \$5 supplies fee payable at class to instructor.

|             |                                    |           |
|-------------|------------------------------------|-----------|
| 18 & up:    | Feb 9, Mon, 6:30-8pm               | 147133.02 |
| Instructor: | Jane Anderson                      |           |
| Location:   | Senior Center, 910 Longs Peak Ave  |           |
| Fee:        | \$25 resident/\$31.25 non-resident |           |

### Making Herbal Healing Salves

Learn what natural oils are beneficial to the skin and how to incorporate them into a soothing and nourishing salve. Handouts and recipes will be handed out in class and everyone will leave with a tin of salve that we will make in class.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 18 & up:    | Mar 12, Thurs, 6:30-8pm                        | 247134.03 |
| Instructor: | Jane Anderson                                  |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$25 resident/\$31.25 non-resident             |           |

### Make Your Own Beauty Products

A UK study reveals women put 515 chemicals on their face daily! Avoid these toxins by making your own natural & safe beauty products, enhanced with the healing energy of essential oils. We will make Dead Sea body scrub, body lotion, lip balm, soap, and facial moisturizer in class.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 14 & up:    | Jan 31, Sat, 10am-12pm                         | 147137.01 |
|             | Mar 7, Sat, 10am-12pm                          | 247138.03 |
| Instructor: | Relora Joyce                                   |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$40 resident/\$50 non-resident                |           |

## General Interest & Education

### How Valuable Is That Coin?

Wonder how much those old silver dollars you've been keeping in a drawer are really worth? Now is your opportunity to learn what makes a coin valuable and have fun doing it. Learn the tricks of the numismatic trade!

Includes free, informal, coin appraisal based on current market trends.



18 & up: Apr 15, Wed, 6-9pm 247119.04  
Instructor: Jeff Danelek  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$45 resident/\$56.25 non-resident

### Comedy Improv

Warning: Students in this class will be exposed to the INTENSE HUMOR of improvised comedy! Through a series of lively exercises and hysterical games, you will practice and develop key comedy skills; then, you will showcase your skills by presenting a "night of comedy" for family and friends! *\*No class 4/10*

18 & up: Jan 16-Feb 27, Fri, 8-10pm 147689.A  
Mar 6-Apr 24\*, Fri, 8-10pm 247689.A  
Instructor: Jim Tranchida  
Location: Izaak Walton Clubhs, 18 South Sunset  
Fee: \$90 resident/\$112.50 non-resident

### Authentic Living

Here's a judgment-free zone where laughter, fun, self-discovery and personal growth are the norm. Through a variety of activities--drawing, writing, poetry, improv and even some map-making--you'll connect with the real you and meet others who are doing the same thing!

18 & up: Feb 4-Mar 4, Wed, 6:30-8:30pm 147690.02  
Instructor: Jim Tranchida  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$75 resident/\$93.75 non-resident

## Spanish Classes

Learning a language is learning a culture. Build and expand your conversational Spanish in these interactive classes. There is a \$7 material fee payable to the instructor at the first class.

Instructor: Kena Guttridge  
Fee: \$35 resident/\$43.75 non-resident + \$7 materials fee

### Spanish 101 Beginner I

Have fun building conversational Spanish while exploring the rich works of Spanish speaking painters and musicians. This class is for those with NO Spanish experience. *\*No class 4/10.*

16 & up: Jan 9-30, Fri, 9:45-10:45am 147155.01  
Feb 6-20\*\*, Fri, 9:45-10:45am 147155.02  
\*\*\$26.25 res/\$32.75 non-res  
Mar 6-27, Fri, 9:45-10:45am 247155.03  
Apr 3-24\*, Fri, 9:45-10:45am 247155.04  
May 8-29, Fri, 9:45-10:45am 247155.05  
Location: St Vrain Mem Bldg, 700 Longs Peak Ave

### Our Brains Grave Story

Neuroscience shows that our brains process story differently from any other information format, making us susceptible to messages within the story. Myths are symbolic stories designed to reveal the meaning of human life. We will examine the effect on us today by social, political, and religious myths as well as folktales.

17 & up: Feb 2&3, Mon & Tue, 7-9pm 147106.02  
Instructor: Relora Joyce  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$45 resident/\$56.25 non-resident

### Living Your Purpose

Discover your very own unique Life Expression by identifying your personality traits, talents, passions and innate desires. Each participant will be given a Personality Profile.

15 & up: Jan 19, Mon, 7-9pm 147166.01  
Instructor: Dori Spence  
Location: Education REMIX, 333 1st Ave, Unit 3  
Fee: \$12.50 resident/\$15 non-resident

### Development of Intuition

See where your destiny is leading you by understanding your personal inner GPS or Intuition. This innate, internal guidance system knows the best possible path you to always have the best life has to offer. Taught by Dori Spence Psychic and Life Coach

16 & up: Jan 12, Mon, 7-9pm 147167.01  
Apr 13, Mon, 7-9pm 247167.04  
Instructor: Dori Spence  
Location: Education REMIX, 333 1st Ave, Unit 3  
Fee: \$12.50 resident/\$15 non-resident

### Intro Horse n Riding

Basic Safety Issues, horse & rider partnership, horse personalities, horse care, and riding will all be discussed in this class. Each participant will have 60 minutes of riding time in a Group Lesson. Learn about communication with the horse to foster that horse/rider partnership.

15 & up: Apr 4, Sat, 4-6:30pm 247901.A  
Location: Sun Pony Ranch, 18490 County Rd 1  
Fee: \$60 resident/\$72 non-resident

### Spanish 201 Conversation-Painters

Have fun building conversational Spanish while exploring the rich works of Spanish speaking painters and musicians. For those with beginner/intermediate Spanish Conversation. *\*No 4/7*

16 & up: Jan 6-27, Tue, 6:30-7:30pm 147156.01  
Feb 3-24, Tue, 6:30-7:30pm 147156.02  
Mar 3-24, Tue, 6:30-7:30pm 247156.03  
Mar 31-Apr 28, Tue, 6:30-7:30pm 247156.04  
May 5-26, Tue, 6:30-7:30pm 247156.05  
Location: Senior Center, 910 Longs Peak Ave

### Spanish 201 Conversation-Daily Activities

Have fun building conversational Spanish related to daily activities and situations such as traveling stores restaurants, doctors, etc. For those with beginner/intermediate Spanish Conversation. *\*No class 4/9*

16 & up: Jan 8-Feb 22, Thurs, 6:30-7:50pm 147160.01  
Feb 5-19, Thurs, 6:30-7:50pm 147160.02  
Mar 5-19, Thurs, 6:30-7:50pm 247160.03  
Apr 2-23\*, Thurs, 6:30-7:50pm 247160.04  
May 7-21, Thurs, 6:30-7:50pm 247160.05  
Location: Senior Center, 910 Longs Peak Ave



## Organize by Design

Households are now run by overwhelmed people with heaps of possessions, hectic lifestyles and just no time. This class is inspiring, for making the process of purging, de-cluttering and organizing achievable. We will discuss practical techniques, Feng Shui and establishing new habits to maintain a beautifully designed, functional space.

18 & up: Feb 26, Thurs, 6:30-8:30pm 147181.02  
 Instructor: Karen McMeans Sapienza  
 Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$25 resident/\$31.25 non-resident

## Kitchen Makeover

Get ideas and suggestions for making this important room more functional and attractive. We'll discuss how to create a good kitchen design, focusing on the work triangle and work stations, material options and decorating. Bring in printed photographs of your kitchen space, including all walls. \$3 materials fee.

18 & up: Mar 26, Thurs, 6:30-8:30pm 247182.03  
 Instructor: Karen McMeans Sapienza  
 Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$30 resident/\$37.50 non-resident

## Primitive Skills Classes

Instructor: Doug Hill, Gone Feral School  
 of Primitive & Traditional Skills  
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

### Knifecraft: Spoon Carving

Knife proficiency is a core skill that is just as useful today as in the days of old. This course focuses on knife safety, bushcraft, and carving technique with the class focus being a hand-carved wooden spoon to take home.

18 & up: Feb 3, Tue, 6-9pm 147910.02  
 Fee: \$35 resident/\$43.75 non-resident

### Cordage (Rope!) From Plants

Explore the technique of how to craft cordage from plant materials then learn to process fibers from a variety of plant parts and species. This course covers the reverse wrap technique, thigh-rolling, splicing, loops, and more. \$2 materials fee payable to instructor at class.

Dates: Feb 10, Tue, 6-9pm 147911.02  
 Fee: \$35 resident/\$43.75 non-resident

### Primitive Weaving: Twining

Learn the ages-old weaving technique called twining, that can be used to create baskets, pouches, clothes, hats, bags, and more! The class project will be a small pouch to take home. \$5 materials fee payable to instructor at class.

Dates: Feb 24, Tue, 6-9pm 147912.02  
 Fee: \$35 resident/\$43.75 non-resident

## In the Kitchen Cheese Making 101

This one-hour presentation will introduce the beginning cheese maker to the world of home-cheese making. We'll taste some delicious cheese samples while covering basic equipment and ingredients, milk options, considerations and sourcing, the science behind cheese making, good recipes to start with, and resources for ingredients, equipment, and books.

14 & up: Feb 8, Sun, 2-3pm 147452.02  
 Instructor: Kate Johnson, The Art of Cheese  
 Location: Izaak Walton Clubhs, 18 South Sunset  
 Fee: \$25 resident/\$31.25 non-resident

## Cheese Making: Soft Cheeses

In this workshop, participants will learn and practice making soft cheese. We'll make mascarpone, a very creamy Italian cheese great for desserts and savory recipes, and ricotta from scratch. We'll also cover the basics of making other soft cheeses, how to get started making hard, aged cheese, and the history and basics of artisan cheese. \$10 materials fee.

12 & up: Mar 1, Sun, 2-4pm 247452.03  
 Instructor: The Living Arts School  
 Location: Sandstone Ranch, 3001 E Hwy 119  
 Fee: \$30 resident/\$37.50 non-resident

## Bread Baking

Come learn from this bread making demonstration. We will start with wheat seeds, grind flour and finish making cinnamon rolls, italian foccacia, and sandwich bread. Every participant gets to taste the finished product. You will also learn nutritional information about eating with whole foods.

16 & up: Jan 26, Mon, 6-8pm 147456.01  
 Instructor: Robin Wyrick  
 Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$20 resident/\$25 non-resident

## Canning Basics

This informative class walks you through the process of canning your own food, including meats, veggies, fruits, and broths. We cover all the basics and equipment needed with plenty of time for questions and answers. This is a demonstration class.

16 & up: Mar 16, Mon, 6-8pm 247456.03  
 Instructor: Robin Wyrick  
 Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$18 resident/\$22.50 non-resident

## Once a Month Cooking

This informative class takes you through the process of menu planning and preparing all your meals for the month at one time!

16 & up: Feb 23, Mon, 6:30-8pm 147455.02  
 Instructor: Robin Wyrick  
 Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$18 resident/\$22.50 non-resident



## Yarn & Sewing Arts



### Longmont Yarn Shoppe Classes

Unless otherwise noted, please purchase all supplies before first class. List available online, or on registration receipt.

Location: Longmont Yarn Shoppe, 454 Main St  
Fee: \$20 resident/\$25 non-resident

#### Learn to Spin Using a Drop Spindle

Try making your own yarn at this Learn to Spin class. It's portable, fun, & affordable. Bring your own spindle or purchase at Longmont Yarn Shoppe. Roving provided. No previous experience required.

|          |                                 |          |
|----------|---------------------------------|----------|
| 10 & up: | Feb 14, Sat, 10am-12pm          | 147410.A |
|          | Apr 11, Sat, 10am-12pm          | 247410.A |
|          | May 16, Sat, 10am-12pm          | 247410.B |
| Fee:     | \$20 resident/\$25 non-resident |          |

#### Learn to Knit

This course is for absolute beginners. By the end of the two classes, you will have a warm luxurious scarf that you will be proud to wear.

|          |                                 |           |
|----------|---------------------------------|-----------|
| 14 & up: | Jan 13 & 27, Tue, 6-8pm         | 147415.01 |
|          | Mar 7 & 21, Sat, 10am-12pm      | 247415.03 |
| Fee:     | \$40 resident/\$50 non-resident |           |

#### Knit a Hat

Ready to branch out from rectangles? In this class you will learn how to knit with circular and double pointed needles and how to follow a pattern to make a soft, warm hat.



|          |                                 |           |
|----------|---------------------------------|-----------|
| 16 & up: | Feb 19 & 26, Thurs, 6-7:30pm    | 147422.02 |
| Fee:     | \$40 resident/\$50 non-resident |           |

### Yarn Dyeing & the Wonder of Colors

Explore the relationship of color and dye, and experience the process of dyeing skeins of wool yarn with environmentally-friendly Lanaset acid dyes. Students will create their own custom colors and leave the workshop with their own custom-dyed skeins for a future project. \$10 materials fee payable to instructor

|             |                                     |           |
|-------------|-------------------------------------|-----------|
| 14 & up:    | Jan 31, Sat, 10am-3pm               | 147425.01 |
| Instructor: | The Living Arts School              |           |
| Location:   | Izaak Walton Clubhouse, 18 S Sunset |           |
| Fee:        | \$75 resident/\$93.75 non-resident  |           |

### Learn to Crochet

This course is for the absolute beginner. Learn to crochet by making a sampler hand bag. Plan to crochet between the 2 classes so you are ready to finish off your purse at the 2nd class. \$25 materials fee payable at 1st class.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 12 & up:    | Jan 6 & 20, Tue, 6-8pm                         | 147400.01 |
|             | Mar 3 & 17, Tue, 6-8pm                         | 247400.03 |
| Instructor: | Debby Telfer                                   |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$30 resident/\$37.50 non-resident             |           |

### Crochet a Cowl

This class is for the advanced beginner who knows how to single and double crochet. You will have fun using different textured yarns to make a one of a kind Bohemian Cowl. A \$16.50 materials fee is payable to instructor at the class (covers yarn, crochet hook and pattern).

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 12 & up:    | Feb 17, Tue, 6-9pm                             | 147401.02 |
| Instructor: | Debby Telfer                                   |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$24 resident/\$30 non-resident                |           |

### Crochet a Potholder

This class is for the advanced beginner who knows how to single and double crochet. Learn to do the popular granny square technique while making a heat protective potholder mitt. \$10.50 materials fee payable at first class covers yarn, crochet hook and pattern.

|             |                                                |           |
|-------------|------------------------------------------------|-----------|
| 12 & up:    | Apr 14, Tue, 6-9pm                             | 247403.04 |
| Instructor: | Debby Telfer                                   |           |
| Location:   | St Vrain Memorial Building, 700 Longs Peak Ave |           |
| Fee:        | \$24 resident/\$30 non-resident                |           |

### Quilting by Hand: Beginning Hand Piecing

This workshop introduces you to hand piecing techniques for quilt blocks. Hand piecing is portable, relaxing and more accurate than machine piecing. We'll learn by piecing a block that can be used for a potholder. We discuss needles, thread and other sewing supplies. \$5 materials fee.

|             |                                    |           |
|-------------|------------------------------------|-----------|
| 12 & up:    | Feb 22, Sun, 2-4pm                 | 147480.02 |
| Instructor: | The Living Arts School             |           |
| Location:   | Sandstone Ranch, 3001 E Hwy 119    |           |
| Fee:        | \$30 resident/\$37.50 non-resident |           |

### Sewing Alterations

Learn how to make life easier when hemming full skirts, pants and more. Questions answered on some of your problems in alterations such as sewing on buttons, making a sleeve fuller and a blouse hang nicer.

|             |                                       |           |
|-------------|---------------------------------------|-----------|
| 16 & up:    | Mar 2, Mon, 6-8:30pm                  | 247470.03 |
| Instructor: | Sewing With Ann                       |           |
| Location:   | St Vrain Mem Bldg, 700 Longs Peak Ave |           |
| Fee:        | \$45 resident/\$56.25 non-resident    |           |



## ART

**No Fear Oil Painting**

Whether you are a beginner or have some experience, come and enjoy developing your talent in a nurturing environment. Enjoy the pleasurable experience of working with this forgiving medium. Learn how to mix and create a glowing painting. Supply list available at time of registration or on-line.

Instructor: Dorothy Pecina  
Location: Carriage House Art, 11938 Oxford Rd  
Fee: \$48 resident/\$60 non-resident

18 & up: Mon, 9-11am  
Dates: Jan 5-26 147301.01  
Feb 2-23 147301.02  
Mar 2-23 247301.03  
Mar 30-Apr 20 247301.04  
Apr 27-May 18 247301.05

18 & up: Mon, 7-9pm  
Dates: Jan 5-26 147302.01  
Feb 2-23 147302.02  
Mar 2-23 247302.03  
Mar 30-Apr 20 247302.04  
Apr 27-May 18 247302.05

18 & up: Wed, 1-3pm  
Dates: Jan 7-28 147303.01  
Feb 4-25 147303.02  
Mar 4-25 247303.03  
Apr 1-22 247303.04  
Apr 29-May 20 247303.05

**Pastel Painting with Diane**

Enjoy creativity with a medium that is fun and easy to use, easy to transport and offers wonderful results. Most of all, the intent is to introduce you to the pleasures of creating art using this friendly medium. Beginners and Intermediate levels welcome. Supply list available online or on receipt.

16 & up: Jan 13-Feb 3, Tue, 10am-12pm 147350.01  
Instructor: Diane Wood  
Location: Longmont Rec Center, 310 Quail Rd  
Fee: \$75 resident/\$93.75 non-resident

**Beginning Calligraphy: The Italic Alphabet**

Calligraphy is the art of beautiful writing. There are many styles of calligraphy--in this course we will learn the basics of the Italic alphabet. Learn the mechanics of the pen and ink, (marker) and teach our eyes, our hands and our hearts how to build a good foundation for the Italic hand. \$5 materials fee.

14 & up: Jan 11-Feb 1, Sun, 1-4pm 147380.01  
Instructor: The Living Arts School  
Location: Sandstone Ranch, 3001 E Hwy 119  
Fee: \$180 resident/\$225 non-resident

**Beginning Stone Carving**

Learn stone carving techniques from an experienced stone sculptor and instructor! No experience necessary. Please purchase alabaster stone prior to first class. Most students start with a small piece. Carving tools are provided.

18 & up: Mar 7-Apr 4, Sat, 10am-12:30pm 247360.A  
Instructor: Janae Baumhover  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$175 resident/ \$218.75 non-resident

**Crackpots-Glass Fusing**

In this introductory class, learn the characteristics of glass and how heat transforms it into something beautiful. Your project will be fired and ready for you in approximately one week. Must purchase project of your choice.

16 & up: Jan 15, Thurs, 6-8pm 147321.01  
Feb 19, Thurs, 6-8pm 147321.02  
Mar 19, Thurs, 6-8pm 247321.03  
Apr 16, Thurs, 6-8pm 247321.04  
May 21, Thurs, 6-8pm 247321.05

Location: Crackpots Studios, 505 Main St  
Fee: \$15 resident/\$18.75 non-resident

**Learn To Draw with Donna**

Must bring materials to every class session. List available online or on registration receipt. Bring \$5 handout fee, payable to instructor at first class.

Instructor: Donna Clement  
Location: Senior Center, 910 Longs Peak Ave  
Fee: \$35 resident/\$43.75 non-resident  
+ \$5 handout fee

**Colored Pencil Drawing - Animals**

Learn how to use wax based colored pencils while drawing your pet or any animal or bird. Learn to draw hair, fur, and feathers, and how to see colors and shapes like an artist. Learn layering to mix colors, blending, and burnishing, to create a colored pencil painting.

16 & up: Jan 7-28, Wed, 6-8pm 147315.01

**Colored Pencil Drawing - Plants and Flowers**

Colored pencil drawing techniques have changed and become more exciting. Learn these techniques while learning to draw flowers, vegetables, and other plants. We will use blending and burnishing to create very realistic botanical illustrations. Donna is a botanical illustrator for the seed company Botanical Interests.

16 & up: Feb 4-25, Wed, 6-8pm 147315.02

**Continuing Colored Pencil Drawing**

Prerequisite: Colored Pencil Drawing of Plants & Flowers or Animals. We will explore drawing shiny or reflective surfaces such as marbles, iridescence using sea shells or humming birds, pearls, metal, and ceramic, time permitting. Instructor will provide objects and images as subject matter.

16 & up: Mar 4-25, Wed, 6-8pm 247316.03

**Beginning Drawing Made Easy**

Anyone can draw-it is just a matter of learning to see like an artist. Learn this by way of fun drawing exercises designed to teach about contour drawing, negative space, perspective, and shading. By the end of the class, you will be able to draw whatever you wish.

16 & up: Apr 8-29, Wed, 6-8pm 247317.04

**Pen & Ink Drawing**

Learn how to create beautiful pen & ink drawings using a crow quill pen and bottled inks. Learn all the techniques of shading and create full-color drawings. Other pen types, such as rapidographs, will be explored.

16 & up: May 6-27, Wed, 6-8pm 247318.05